

Activity: Quiz about pregnancy

1) The period during which the expectant mother is most likely to experience the greatest amount of nausea is the:

- ☐ 1st trimester (1-3month)
- ☐ 2nd trim. (4-6)
- ☐ 3rd trim. (7-9)
- ☐ entire period of pregnancy

Answer: First trimester
between the 1st and the 3rd month

2) From which month of pregnancy the mother could be feel the baby moving in her stomach?

- ☐ from the conception
- ☐ 2 month
- ☐ 5 month
- ☐ 8 month

Answer: 5 month
The baby's movement are perceptible around the 5th month and a bit earlier for the following pregnancies.

3) When is a baby's gender determined?

- ☐ at conception
- ☐ 2 month
- ☐ 5 month
- ☐ 8 month

Answer: At conception
The gender is determined at conception but the doctor can find out the baby's sex around the 4th and 5th months.

4) What could it be responsible of serious baby's malformations?

- ☐ alcohol, drugs
- ☐ sport
- ☐ cigarette
- ☐ mother getting sick

Answer: Alcohol, drugs, cigarette and mother getting sick

Regarding to the **4th quiz question**, the facilitator can insist giving some additional explanations.

- The majority of that it is transiting on the mother's blood pass on the embryo thanks to the placenta. So, **when the mother is drinking/smoking/taking medicine or drugs**, this substance are arriving **as they are** into the frail embryo.

- When the **mother is sick**, it is important **to consult quickly a doctor** because some diseases can affect the embryo too.

- Practise **no-intensive sport** is **not dangerous** for the baby if the mother is taking careful of her. At contrary, the physical and psychological well-being of the mother furthers the well-being of the baby.